PGA NEWSLETTER

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By: Aasiyah.M, Inayah.A Samiha.R, Haneefah.A, Suhailah.H, and Rumaysa.R

Ahadeeth about Ramadan

Narrated Abu Huraira رضي الله عنه said:
I heard Allah's Messenger (صلى الله عليه وسلم) saying regarding Ramadan,
"Whoever prayed at night in it (the month of Ramadan) out of sincere faith and hoping for a reward from Allah, then all his previous sins will be forgiven."
REFERENCE: Sahih Bukhari 2008 - Book 31, Hadith 1

Abu Hurairah رضي الله عنه said:
'The Messenger of Allah (صلى الله عليه وسلم) said:
'When Ramadan begins, the gates of Paradise are opened, the gates of Hell are closed, and the devils are chained up."
REFERENCE: Sunan an Nasa'i 2099 - Book 22, Hadith 10

What is Taqwa?

"Taqwa is here", and he pointed to his chest three times.
(Sahih Muslim, Hadith 2564)
TAQWA = Fear of Allah. It means being aware of Allah at all times and striving to obey Him while avoiding anything that displeases Him.

Ayaat about Ramadan

يَـٰٓأَيُّهَا ٱلَّذِينَ ءَامَنُواْ كُتِبَ عَلَيْكُمُ ٱلصِّيَامُ كَمَا كُتِبَ عَلَى ٱلَّذِينَ مِن قَبْلِكُمْ لَعَلَّكُمْ تَتَّقُونَ
Baqarah, 183

O believers! Fasting is prescribed for you as it was for those before you so perhaps you will become mindful of Allah.

لَكُمْ ۚ وَكُلُواْ وَٱشْرَبُواْ حَتَّىٰ يَتَبَيَّنَ لَكُمُ ٱلْخَيْطُ ٱلْأَبْيَضُ مِنَ ٱلْخَيْطِ ٱلْأَسْوَدِ مِنَ ٱلْفَجْرِ ۖ ثُمَّ أَتِمُّواْ ٱلصِّيَامَ إِلَى ٱلَّيْلِ ۚ وَلَا تُبَـٰشِرُوهُنَّ وَأَنتُمْ عَـٰكِفُونَ فِى ٱلْمَسَـٰجِدِ ۗ تِلْكَ حُدُودُ ٱللَّهِ فَلَا تَقْرَبُوهَا ۗ كَذَٰلِكَ يُبَيِّنُ ٱللَّهُ ءَايَـٰتِهِۦ لِلنَّاسِ لَعَلَّهُمْ يَتَّقُونَ ١٨٧

You may eat and drink until you see the light of dawn breaking the darkness of night, then complete the fast until nightfall. Do not be intimate with your spouses while you are meditating in the mosques. These are the limits set by Allah, so do not exceed them. This is how Allah makes His revelations clear to people, so they may become mindful of Him.

Ramadan Mubarak!

Ramadan Reminders:

O you who have believed, fasting has been prescribed upon you as it was prescribed among those before you so that you may become righteous.

Surah Baqarah Ayah 183

Fasting is a screen (from hell) and there are 2 pleasures for the fasting person, one, the time of breaking his fast, and the other when he meets his lord. And the smell of a fasting person's mouth is better in Allah's sight than the smell of musk.

Sahih Al Bukhari 7492

Whoever observes fasts during the month of Ramadan out of sincere faith, and hoping to attain Allah's rewards, then all his past sins will be forgiven.

Sahih Al Bukhari 38

By Suhailah Mohamed

Facts About Ramadan:

- Ramadan is the 9th month in the Islamic calendar.
- Ramadan is the month in which the first revelation took place.
- All devils are chained during this blessed month.
- The gates of Paradise open and the gates of Hellfire close.
- In this month Muslims try to repent back to Allah as much as possible..
- The meal that is eaten before the fast is called Sahur.
- The meal to break the fast is called Iftar.
- Most Muslims have dates or milk to break their fast.

Delectable Recipe for Iftaar

Ingredients you will need:

1. **1 Pack of puff pastry's**
2. **500g of boneless chicken**
3. **1 Medium sized white onion**
4. **200g Spring onion**
5. **200g Butter**
6. **Half cup of water**

Ingredients for the white sauce:

3 tbsp Plain flour
1 Cup milk
1 tsp Black pepper
1 tsp Salt
40g Butter

Method/Steps- Chicken Pastry

1. **Take a pan out (flame should be on medium) and add 200g of butter**
2. **Let the butter melt then add 500g of boneless chicken**
3. **Sauté the chicken until golden/brown**
4. **Add the spring onion**
5. **Then stir-fry the chicken with the spring onion**
6. **Top in some black pepper and salt**
7. **Finally add the half cup of water and let it cook for approximately 7-8 min**

Method/Steps-White sauce

While our chicken is being cooked, we will now prepare the rich, mouthwatering white sauce!

1. **For the white sauce, you will need to get another pan out and again melt the butter in a pan**
2. **Add in the flour and cook for 1-2 min**
3. **Reduce the heat of the flame and pour in the milk, keep stirring until the milk is properly absorbed within the flour**
4. **Repeat the same process, stirring continuously until the sauce becomes thick**
5. **Once that has been done, stir the sauce gently for 8-10 min, avoiding it getting burnt**
6. **Lastly add in black pepper and salt**

To make the puff pastry you will now need to do the following:

1. **Put the white sauce into the chicken that has now been cooked and mix well**
2. **Take 1 sheet from the puff pastry pack**
3. **Add 1 tbsp of the chicken filling into it**
4. **Fold it into a triangular shape**
5. **Beat 1 egg into a bowl**
6. **Gently brush the egg mixture onto the pastry**
7. **Insert the pastry into the air fryer for approximately 10-15 min**

Your puff pastry has now been successfully made!

سورة اَلْقَدْر

My Favourite Ayah:

لَيْلَةُ ٱلْقَدْرِ خَيْرٌ مِّنْ أَلْفِ شَهْرٍ ٣

Ayat 3: The Night of Glory is better than a thousand months.

Why was this Surah revealed?

This Surah was revealed to show the importance of the Night of Decree.

This Surah talks about Laylatul-Qadr or the Night of Power. It contains 5 powerful ayats and it's the 97th Surah of the Quran. This Surah emphasises the greatness of the "Night of Decree" which is in Ramadan. The Quran was revealed to the Prophet (صلى الله عليه وسلم) on Laylat ul- Qadr.

Made by Inayah

4 Main Points About this Surah

1 - The Importance of Laylatul-Qadr

The surah highlights that Laylatul-Qadr is "better then 1000 months" signifying its value and importance. Worship on that night is better than 83 years!

2 - The Descent of Angels

During this night, all angels descend to Earth. They bring peace and blessings and the night is filled with tranquillity until dawn.

3 - Divine Decree

On Laylatul-Qadr, Allah decides and informs the angels on what is going to happen in the following year (who is going to die, who is going to be born etc).

4 - A Night of Peace

Laylatul-Qadr is described as a night of peace and free form any harm or disturbance.

DID YOU KNOW???

The Prophet (صلى الله عليه وسلم) couldn't recollect when Laylatul Qadr was, so now we can have 10 days to search for it!